

Resource Sheet from the Video

As we look ahead to our students/children turning 18, we need to keep an eye on health care. What steps need to be taken to move into the world of adult health care? What skills can be taught (even in middle school)? How can we tell what a student needs to know? Tim Markle from the Southern Regional Center for Children and Youth with Special Health Care Needs and the Wisconsin Youth Health Transition Initiative, and his young adult son Hunter, will be our presenters

After viewing the video, please take a very short survey --

https://uwmadison.co1.qualtrics.com/jfe/form/SV_9TxBucf5iTPMtjn

Resource Links

- Autism Society of South Central Wisconsin information on applying for a post-secondary educational scholarship and more -- <https://autismsouthcentral.org/>
- DeForest Area High School Beyond 18 Program -- <https://sites.google.com/deforestschools.org/transitionprogram/home>
- Southern Regional Center for Children and Youth with Special Health Care Needs -- <https://cyshcn.waisman.wisc.edu/>
- Transition Talks Tuesdays -- <https://cyshcn.waisman.wisc.edu/transition-talks-tuesdays/>
- Health Transition Wisconsin -- <https://healthtransitionwi.org/>
- Health Transition Readiness Assessment for youth -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-youth>
- Health Transition Readiness Assessment for Caregivers and Families -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-parent>
- Self-Advocacy Resources -- <https://www.pacer.org/transition/learning-center/health/building-self-advocacy.asp>
- National information on Health Transition -- <https://www.gottransition.org>
- Build Your Bridge Notebook -- <https://healthtransitionwi.org/wp-content/uploads/sites/178/2021/01/BuildYourBridge2020fillable.pdf>
- Preparing for Life as an Adult (Health) -- <https://ucedd.waisman.wisc.edu/wp-content/uploads/sites/74/2017/02/THCL.pdf>
- Wisconsin Transition Improvement Grant (TIG) -- <https://witig.org/>
- Post-Secondary Transition Plan (App) -- <https://witig.org/self-advocacy-tools/witransition-app/>
- Find your Aging and Disability Resource Center (ADRC) -- <https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>
- ADRC Consumer Page -- <https://www.dhs.wisconsin.gov/adrc/index.htm>
- Supported Decision-Making and Guardianship Alternatives -- <https://wi-bpdd.org/index.php/supporteddecision-making/>

Transition Talks Tuesday
Health Care Changes Too! Stay a Step Ahead
March 3, 2021

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- Up to Me (helping with self-disclosure) -- <https://wisewisconsin.org/up-to-me/>
- PATCH (Providers and Teens Communicating for Health -- www.patch.org
- Self-Directed Health Care Kit -- www.wi-bpdd.org